



First TRACK Trail in Tennessee

On National Get Outdoors Day, kids and families celebrated the grand opening of the Kids in Parks program's 140th TRACK Trail, and the first TRACK Trail in Tennessee!

The trail was developed thanks to a partnership with Kids in Parks, Partners of Cherokee National Forest and the U.S. Forest Service.

The Chilhowee TRACK Trail is a combination of the McKamy Lake Trail (0.6 miles) and the Forest Walk (0.4 miles), making a one-mile figure-eight trail that leads visitors around the site's scenic lake and through native forest habitats. Along the route, visitors can use a series of self-guided brochures to learn about and connect with the resources that make the forest so fascinating, including lichens, birds, trees, and the relationships that can be found when we get outdoors and enjoy nature.



The trail is located at the Chilhowee Recreation Area at McKamy Lake in the Cherokee National Forest's Ocoee Ranger District in Polk County, TN.

(Latitude 35.150538—Longitude 84.607842)



TRACK Trail is part of the *Kids in Parks* program to promote children's health by increasing physical activities. TRACK Trail is a series of networked trails that provide brochure-led, self-guided adventures designed to turn an ordinary hike into a fun-filled experience for families and school-aged children.

For online information about TRACK Trail and other programs for kids visit:

<http://www.kidsinparks.com/about>

<http://www.discovertheforest.org/>

<http://www.fs.usda.gov/main/conservationeducation/about/education-themes/kids-in-woods>



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2016